



## [The Demographics of Long-Haul Truckers](#)

**Among the 2.6 million Americans employed as truck drivers, many are long-haul truckers—meaning they drive heavy or tractor-trailer trucks on interstate routes. The CDC surveyed the health of long-haul truck drivers in 2010, with the following results...**

- **Long-haul truckers are aged 48, on average, and have been on the job 16 years.**
  - **Most are men (93.5%) and White (73.5%).**
  - **Long-haul truck drivers worked an average of 60.4 hours in the past week, with 46.2 hours behind the wheel and the remainder spent loading and unloading, completing paperwork, and performing truck maintenance.**
  
- **In the past year, they drove an average of 107,700 miles.**
  - **In the past month, the 63% majority spent six or fewer nights at home.**

**Source: CDC, Vital Signs: Seat Belt Use among Long-Haul Truck Drivers—United States, 2010**

**From *Demo Memo* by Cheryl Russell**

**<http://demomemo.blogspot.com/>**

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Written by Administrator

Saturday, 14 March 2015 17:49 - Last Updated Saturday, 14 March 2015 17:53

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